





SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE JANUARY-2015



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	CLOSED IN OBSERVANCE OF NEW YEAR'S DAY	2	CLOSED IN OBSERVANCE OF HOLIDAY
5	Breaded Veal Patty Parmesan Ziti w/Italian Sauce Italian Green Beans Club Roll Fruit Cocktail	6	Pier -17 Fish Mashed Potatoes Summer Squash Whole Wheat Bread Fresh Fruit	7	Cream of Vegetable Soup Orange Glazed Almond Chicken Rice Pilaf California Blend Vegetables Dinner Roll Pineapple Tidbits	8	Orange-Pineapple Juice Baked Ham w/Raisin Sauce Baked Sweet Potato Brocoli & Cauliflower Rye Bread Cookie	9	Turkey Chow Mein Over Fluffy White Rice Oriental Vegetables 12-Grain Bread Tropical Fruit
12	Italian Meatballs w/Italian Sauce Rotini w/Italian Sauce Sicilian Blend Vegetables Italian Bread Sliced Peaches	13	Mariners Chowder Buttercrumb Fish Filet On Multi-Grain Roll Saltines Sweet Potato Fries Tartar Sauce Red/Green Cabbage Coleslaw w/Shredded Carrots Fresh Fruit	14	Orange Juice Roast Turkey w/Gravy Cornbread Stuffing Cranberry Sauce Winter Squash 12-Grain Bread Cookie	15	NATIONAL ICE CREAM DAY Apple Juice Breaded Pork Steak w/Broth Scalloped Potatoes Succotash Saltines Oatnut Bread Ice Cream Cup	16	Stuffed Salmon Boat w/Lemon Sauce Brown Rice Pilaf Broccoli Normandy Whole Wheat Bread Pineapple Tidbits
19	CLOSED IN OBSERVANCE OF MARTIN LUTHER KING'S DAY	20	Pier-17 Fish Mashed Potatoes Broccoli Normandy 100% Whole Wheat Bread Tropical Fruit	21	Orange-Pineapple Juice Mandarin Chicken Fluffy White Rice Peas & Carrots Rye Bread Cherry Peach Crisp	22	Baked Ham w/Pineapple Maraschino Cherry Sauce Cut-Up Sweet Potatoes Spinach Wheat Dinner Roll Applesauce	23	Potato Leek Soup Tony's Individual Pizza Spinach Salad w/Tomatoes & Cucumbers Raspberry Vinaigrette Dressing Saltines Fresh Fruit
26	Veal Patty w/Onion Gravy Parslied Noodles Capri Blend Vegetables 12-Grain Bread Pineapple Tidbits & Mandarins	27	Lemon Lentil Soup Stuffed Cabbage w/Extra Tomato Sauce White & Brown Rice Prince Edward Blend Vegetables Pumpnickel Bread Lemon Pudding Tart w/Whipped Topping	28	Buttercrumb Fish Filet Chive Mashed Potatoes Beets Wheat Bread Fresh Fruit	29	Hearty Vegetable Soup Pot Roast w/Gravy Oven Roasted Potatoes Sliced Carrots Dinner Roll Peaches	30	Cran-Apple Juice Chicken Cacciatore Penne w/Marinara Sauce Broccoli Florets Italian Bread Sliced Peaches

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of **age or older and their spouses.**

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**